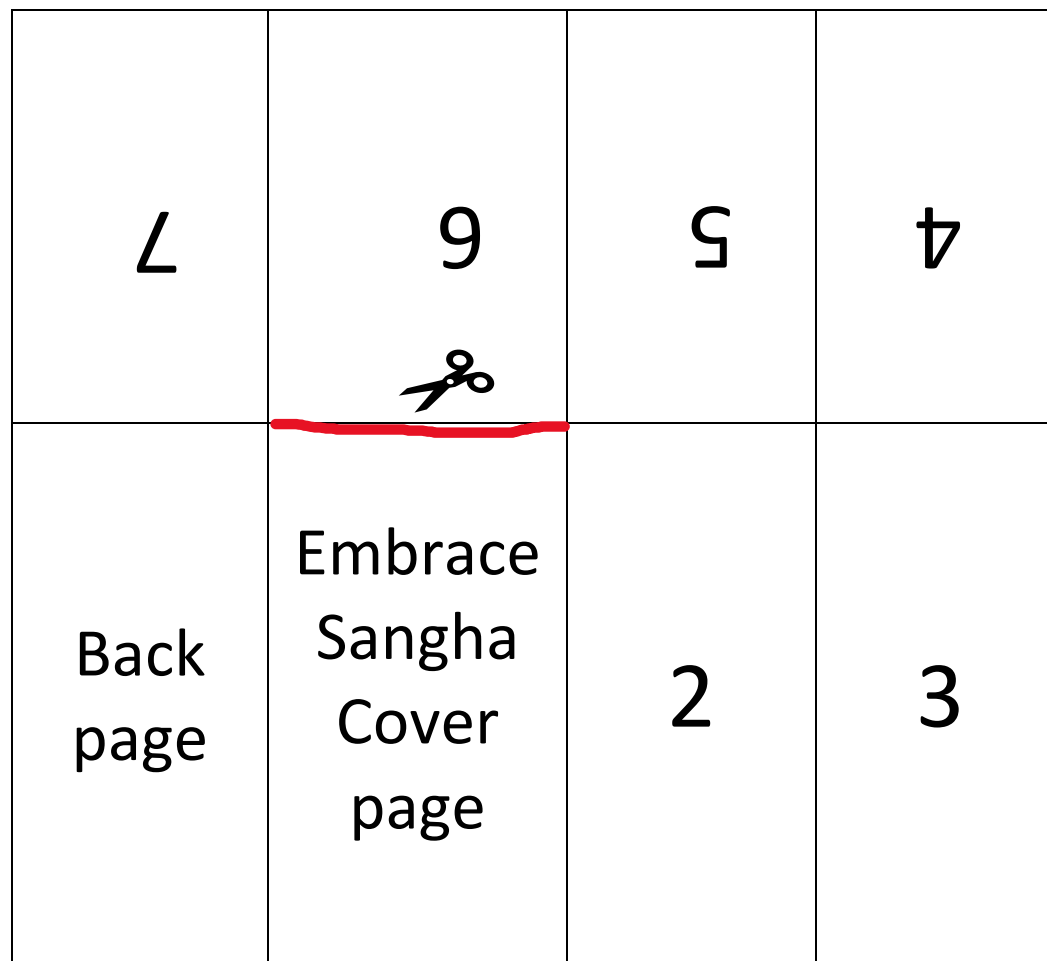


Instructions for our preprinted zine, Embrace Sangha Pocket Resources:

You will fold to make 8 rectangles. Use a pencil or your finger to make creases strong. It's helpful to line up corners, but not 100% necessary! Have some scissors or you can tear the paper. Take a look at the visual instructions on the next page. Here's a link for you as well: www.readbrihtly.com/how-to-make-zine/ And a video on Youtube: <https://youtu.be/t82ei3T42G0>

1. Fold paper in half lengthwise.
2. Open and fold in half sideways.
3. Open paper and then fold in outside edges to make 8 rectangles. Press your folds smoothly!
4. Fold again to your hamburger shape and cut to make a slit along the fold of the cover page. (**red line!**)
5. Open flat
6. Pinch and push along middle folds to make a four point star. Crease your folds.
7. Fold into a book/zine, with the cover page on "top."
8. If you use a blank paper later, you can begin on any page as the cover. Open up your page to draw, write, or glue in images.



Visual Instructions

Supplies:

- A piece of paper
- Something to write/draw with
- Scissors
- Other supplies like paper, glue, watercolors if you want to get even more creative with your zine

